

## **Answer Key**

**Amy Cuddy**

### **Your Body Language Shapes Who You Are**

TED Lectures

Note-taking Activity

1. Yes. Humans are very aware of non-verbal behaviour.
2. They affect our thoughts, our feelings and our physiology.
3. Amy Cuddy is a social psychologist who specializes in prejudice.
4. Taking space or opening the body up.
5. A person that makes himself smaller.
6. Females.
7. Yes.
8. A leader.
9. High power or low power poses have an effect on testosterone and cortisol levels which in turn affect risk-taking behaviour.
10. Job interviews.
11. Having a strong presence is the key to a job interview.
12. The speaker tells her own university story to highlight how she felt like an imposter and that she “faked it till she became it”.