

Lesson #3 Thief Among Us

Theme: Seeing what's around you; turning around with full potential

Useful idioms and expressions:

(google these expressions to find how they are used)

seeing is believing, seeing a mile off, seeing the light, seeing with half an eye, seeing with blinders on (to have tunnel vision), seeing through (something/someone), seeing the whole picture, in full view of, seeing full spectrum, having blind spots, having limited view, to see the whole picture

Cast of Characters:

Brenda

Marie

Bogdan

Danny

Jinny

Abdir

098 classmates

CPE Department Head

VCC Security guard

Vancouver Policeman/woman

Main Idea: Seeing the full situation. Consider how fully your role-play character comprehends the situation. How broad is their point of view? What is it that they are seeing/not seeing?

Summary of audio lesson (approximately 15-20 minutes)

- * sit forward in chair, hands resting on legs
- * feel sitting bones, spine, chest, head, eyes
- * turn around from the waist to the right: where do you stop (pick spot on wall)
- * keep eyes straight ahead and turn to right
- * turn with eyes; has spot changed?
- * turn shoulders and torso, with head and eyes fixed straight ahead
- * turn with head and eyes, shoulders and torso: how far do you turn now?
- * rest and compare left and right sides
- * stand, feel contact with feet on floor
- * turn to right, where do you stop: find spot on wall
- * turn to right while exhaling, inhaling as you return to center
- * turn to right exhaling, left knee coming forward, right side of pelvis moving back
- * can you turn further?
- * sit and rest, comparing left and right sides
- * change sides: turn to left while sitting. find spot on wall where you stop
- * bring left shoulder up towards left ear and drop it (3-4 times)
- * bring left ear down to left shoulder (3-4 times)
- * bring left ear to left shoulder and left shoulder to left ear at same time
- * turn to left, feet on floor, exhaling, right knee forward, left side of pelvis backward
- * are you turning further?
- * bring left palm in front of face, left elbow out to side, parallel to legs
- * keep eyes on palm while turning left (3-4 times)
- * rest hand and arm
- * turn to left, are you turning further?

- * turn left, come back through middle and turn right,
- * go back and forth, alternating knee that comes forward, pelvis back,
- * exhaling while you turn, inhaling while you come back through center
- * rest
- * turn from side to side from waist, turn head in opposite direction
- * rest
- * turn again from left to right, head in same direction.
- * how far can you see behind you now compared to start of lesson
- * stand, walk around, turning as you go, noticing how much of the room you see now as you walk

Active Imagination Exercise:

Now, enter the role-play scene, Thief Among Us. Imagine that you are invisible to others. You are sitting at the front of the 098 classroom while everyone else is in the computer lab, including the teacher, Bogdan, Danny, Marie, and everyone else in the class. Someone unlocks the back door and enters the classroom. Whomever it is cannot see you, but you are able to turn around fully (from the movement lesson) to see who entered the room. Who came in? Can you see what they are they doing? (i.e. is anyone stealing Marie's money or i pod?) Is there a thief among you?

Follow-up Journalling Activity:

You can turn to the general questions for role-play characters before doing this journalling activity for Thief Among Us, or play with this afterwards. Take a pen and paper and be ready to record what the characters say to you.

- 1) Imagine that you are in a cafe, sitting at a small table across from Bogdan. Look into his eyes and ask him if he is guilty of stealing from Marie. What does he say to you?

- 2) Imagine that you are sitting alone in a booth with Danny in a bar, having a beer with him. Look into his eyes, and ask him if he is guilty of the theft. What does he tell you?
- 3) Imagine that you are Brenda's closest friend, and you are sitting in her kitchen, discussing the incident that took place at school that day. You look directly into her eyes and ask her if she has anything she would like to confess. What does she tell you?
- 4) Imagine that you are sitting with Marie in the school cafeteria the day after the incident. You ask her if she is one hundred percent certain that her money and i pod were stolen. What does she tell you?

Optional questions:

- 5) How observant are you at any given time throughout the day?
- 6) Look around the room you are sitting in, and form a general impression of it. Jot down a list of what you remember seeing. Now look around you once again. Can see the room in greater detail: objects, colours, sizes, smells, etc. Record how much more you could see when you were paying attention to detail.
- 7) What might be the blind spots of your role-play character (i.e what is it that they are not seeing, both in Thief Among Us and in life in general?).
- 8) What advice can you give them in order for them to take a broader and fuller view?